

Come celebrate with your National Council of Jewish Women friends at the dedication of the Plaque recognizing our donation to keep the MJCC Therapy Pool "afloat" !!

Monday, December 6, 2010 ~ 1 pm to 3 pm  
Mittleman Jewish Community Center  
Light Refreshments

We will be entertained by Portland Section's own Jeanne Newmark and her Synchronized Swim Team. This very unique group competes nationally and has won first place in their division for the past 13 years.

Please RSVP to: 503-222-5006 or email: [office@ncjwportland.org](mailto:office@ncjwportland.org) by Dec. 1



MAC Synchro Masters from left: Jeanne Steed, Jeanne Newmark, Mary Hulme, Charlene Mann, Marianne Perrin and Betsy Austen

Dear Members,

Happy Chanukah! The Portland Section of NCJW continues to be thriving with many of our members spending countless hours volunteering with The Goose Hollow Family Shelter and The Emergency Food Project through NW Portland Ministries.

We underwrote the kick off event for Partners for Independence which was held November 18th at the MJCC. (Please refer to the article in this bulletin.) We are please to continue being involved with the Kehillah Project which was a recipient of the Neighborhood House Funds dispersed several years ago. We look forward to co-sponsoring the Havdalah Service at the Rose Schnitzer Manor on January 29th, 2011 at 6:30 pm.

We are looking forward to the event being held at the MJCC on December 6th from 1:00 pm to 3:00 p.m. to dedicate the plaque that has been put up to recognize the Portland Section of NCJW's \$40,000 donation to keep the therapy pool afloat! Our own indefatigable member **Jeanne Newmark** and her MAC Synchro Masters will provide the entertainment for this event!

A committee is working to update the Portland Section of NCJW bylaws with the goal to re-establish the board, among other topics.

We are updating our membership files! Don't forget to send us your email address and birthdays to help keep us connected.

As you can see, we have been very busy!

~~ Louise, Nikki and Wendy

## Goose Hollow Family Shelter

Many members of your NCJW continue to have a major role in feeding homeless families with children at the Goose Hollow Family Shelter housed in the First United Methodist Church at SW 18<sup>th</sup> and Jefferson.

The Portland chapter of NCJW is responsible for providing dinners to homeless families at the Goose Hollow Family Shelter on four evenings a month. We would like to add more nights but **WE NEED MORE VOLUNTEERS**.

Here are three ways you can help feed guests of the shelter:

- Join other members on a food provider team responsible for preparing and serving dinner at the shelter one evening per month.
- Sign up to substitute for a sick or traveling team member
- Prepare emergency casseroles for the Goose Hollow freezer

Or help shelter guests in other ways:

- Donate in-season clothing for the shelter's Clothes Closet
- Volunteer to be a kid-time host or a helping hand.

With more volunteers the number of evenings could grow. Volunteers on Council's four nights include the following people:

Marla Beeson	Barbara Lang	Sylvia Pearlman
Dick Brownstein	Stuart Lang	Alvin Rackner
Donna Brownstein	Paula Lifschey	Shirley Rackner
Carol Chestler	Meritt Linn	Rose Rustin
Janet Guggenheim	Gail Maron	Ginger Shank
Wendy Gutmann	Leeza Maron	Linda Veltman
Joyce Huffman	Louise Marsh	Carolyn Weinstein
Fanny Horowitz	Gloria Olds	Gary Weinstein
Berta Keller	Linda Ostomel	
Susan Korey	Gary Pearlman	

It has often been said (perhaps even by you) that in doing charitable work the giver receives more than the recipient.

Please join us in experiencing the good feeling that comes with bettering the lives of those in need.

If you would like to volunteer or want more information, call Susan Korey at 503-221-0063, or send an email to [Susan.Korey@gmail.com](mailto:Susan.Korey@gmail.com). DO IT NOW. This is the season.

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## NCJW to Partner in Jewish Theatre Collaborative

NCJW, Portland Section, is delighted to be a community partner to the newest project of Jewish Theatre Collaborative: *Life, Liberty & the Pursuit of Well Being – The Life of Lillian Wald*. Wald (1867 – 1940). She was an extraordinary Jewish woman who pioneered the modern American public health system during her work as a nurse in the tenements of New York. Her vision, compassion and unceasing efforts led to some of the most important social changes of the 20<sup>th</sup> century.

JTC tells Wald's story in a 45 minute biographical play which will open on March 29, 2011 at the MJCC in celebration of Women's Heritage Month. It will later be performed in schools and selected work places to facilitate a discussion about access to health care for all but also how one individual's engagement can bring about change in this world. Two Town Halls panel discussions are planned around the play, and will include local politicians, representatives of migrant communities, members of organizations focused on health issues as well as sponsors and community partners.

Together with our other community partner, the NorthWest Health Foundation, and various sponsors, the Jewish Women's Archives and the MJCC among them, we look forward to participating in an endeavor that tackles the issue of health care both from a historical and a Jewish perspective.

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## NCJW Helps Launch JFCS's "Partners for Independence" Event

Portland Section awarded a \$1000 grant to Jewish Family & Child Service for its fundraising event, November 18, launching the new Partners for Independence program at JF&CS.

This new program has recently received certification by the State of Oregon, allowing JFCS to become a provider agency to assist adults with developmental disabilities throughout our community. JFCS will soon be able to provide skilled trainers to give one-on-one support so that individuals can become as independent as possible. The adults with disabilities will learn and develop skills in typical daily-living activities, such as shopping, budgeting, learning to use public transportation, cooking, etc. The Partners Program will be a critical component of Kehillah House at Cedar Sinai, which is planned to be up and running with the addition of federal funds in late 2011. The Partners Program will not only complement the Kehillah housing, but will provide assistance to countless others in various living situations who need the help of a trainer to learn the skills they need to live on their own.

Our decision to help JFCS in its fundraising event reinforces our support of Kehillah House at Cedar Sinai to which we granted \$450,000 in 2009 from proceeds from the sale of Neighborhood House. The event featured the showing of the world premiere of a new video "Developing Independence" starring Tikvah members and TASK families, made by professional filmmaker Drew Takahashi.



### **The Valentine Appeal is Coming Your Way the First of the Year!**

In the past years your open hearted generosity has purchased almost 2,000 TriMet tickets for women and children living in shelters throughout the city. Your caring always makes a difference.

.....Suzan Wapnick, Chair; Shirley Rackner, Co-chair ~ 2011 Valentine Project

# Projects

**The Emergency Food Program** at Northwest Portland Ministries continues to grow and flourish with the assistance and support of so many NCJW volunteers and the financial aid provided by NCJW in form of grants. Now serving almost 1000 people per month, NWPM is providing nutrition via the food pantry located at 1808 NW Irving, Food for Kids Backpack Program, delivery of food boxes to low income shut-ins and subsidized apartment pantries, harvest share and Loaves and Fishes located next door to the food pantry.

**Cissy Levine and her husband Phil** are two of our many wonderful volunteers. This retired couple and member of NCJW, moved to Portland just 7 years ago, to be closer to their Portland children and grandchildren. After 40 years of an active life in Des Moines, they were not going to just rest on their laurels. Two and one half years ago, they chose, instead, to get involved. At the suggestion of friend and devoted fellow volunteer, **Irene Winters**, they got involved, with gusto!

“..., Cissy Levine has become the anchor person for the Tuesday NW Food Pantry shifts. She gets there early to handle the wide variety of items that arrive from Urban Gleaners. She supervises the set up for the day. Sometimes it is a huge job and always has surprises. She makes decisions, sorts and bags produce, and gets everything organized, and runs a tight ship! Her husband Phil often lends a hand before heading next door to Irving Street Senior Lunch program (Loaves and Fishes) where he entertains on the piano and serves lunch. Her leadership is so appreciated”, says Kelly Caldwell, NWPM Volunteer coordinator.

Phil's enthusiastic help is appreciated, as well. The Loaves and Fishes guests (and volunteers) love to sing along with Phil!

## SNAP

A new NWPM volunteer opportunity

Did you know that two out of three eligible seniors in Oregon are not getting **SNAP** food dollars? SNAP (Supplemental Nutrition Assistance Program) is the new name for the national Food Stamp Program. Oregon has one of the highest rates of hunger in the country, according to the USDA. In fact, it is ranked third in the nation. Northwest Portland Ministries is collaborating with Partners for a Hunger Free Oregon to raise awareness among seniors in northwest Portland of their rights to access the SNAP program. NWPM volunteers will be contacting seniors for multiple purposes: for address database update, to advise of the food, nutrition, transportation and recreation programs offered by NWPM and the opportunity to learn more about qualifying for the food debit card (replaces former food stamps) available through the SNAP Program

Thanks to all our special volunteers:

**Lynne Bartenstein, Stuart & Jaqui Barthold, Carol Chestler, Wendy Gutmann, Judith Kahn, Joyce Loeb, Louise Marsh, Jeanne Newmark, Phyllis Newmark, Eve and Alan Rosenfeld, Sue Schwartz**, daughter **Renee** and grandchildren **Jonah Biedermann and Lindsey Wachtman, and Irene Winters.**

There are always volunteer opportunities at NWPM...Helping in the pantry, preparing food boxes, filling backpacks, shelving non-perishable goods at the warehouse, helping with pick-up and delivery, serving at Loaves and Fishes and something new – outreach to those in need of food stamps (SNAP).

### For Volunteer Opportunities

Please contact Kelly Caldwell 503-221-1224 ext 105 or email her at [Kelly@nwpm.org](mailto:Kelly@nwpm.org)  
Or

Nikki Director 503 703-5913 or email at [nkdirector@comcast.net](mailto:nkdirector@comcast.net)

## NCJW Renews Pledge to Work for Social Justice Agenda

November 3, 2010, Washington, DC — The National Council of Jewish Women (NCJW) today pledged to renew its advocacy on behalf of an agenda of social justice and progressive change on Capitol Hill and to work with those elected and re-elected yesterday toward that end. NCJW President Nancy Ratzan issued the following statement:

“Yesterday’s elections were a reminder that progress on a social justice agenda is never easy. Not only is every inch forward a struggle, but holding ground can require equal determination. Yesterday many won seats in Congress pledged to undo the progress of the last term. The results underscore the importance of every vote and the reality that change depends on a commitment to action that must extend far beyond election season. Indeed it is a task for every day of the year. “We salute those who fought for progress over the past two years. We pledge to continue our own efforts to move forward on our vision of advancing the well-being of women, children, and families; ensuring reproductive health and rights; promoting a fair and independent judiciary; ensuring civil rights and civil liberties; and advancing economic justice.

“While the results of the elections for the House and one third of the Senate may create a more difficult political environment for those advocating progressive goals, the work of democracy persists. NCJW stands willing to engage with whomever supports the issues important to us. As always, those legislators will exist on both sides of the aisle. Most important we will continue to work to build public support for those issues in the belief that grassroots activism will move our country forward.”

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## Higher Ground: NCJW’s Domestic Violence Campaign Launched

From the moment Higher Ground: NCJW’s Domestic Violence Campaign was launched at Washington Institute 2010 (WIX), NCJW has received numerous requests for action ideas to help sections, members, and supporters launch Higher Ground activities and connect this new campaign to the critical community service programs that already exist.

This enthusiasm for Higher Ground is essential-- it is your passion and commitment to ending domestic violence that will make this new campaign a powerful force for social change. With the excitement brewing, NCJW staff and volunteers have been hard at work creating new resources to help you get Higher Ground up off the ground in your community. Now we are ready to share the latest resource with you! Visit us online at [www.ncjw.org/higherground](http://www.ncjw.org/higherground) to check out our newest tool, a quick and easy activity to begin engaging with domestic violence service providers.

Many of you already have strong relationships with the domestic violence service providers in your communities. But, whether or not that relationship exists already, we hope that this new activity will give you the opportunity to share Higher Ground’s goals with your allies and to learn more about how the campaign can build on the important services that domestic violence shelters and programs already provide.

Thank you for your efforts to expand NCJW’s impact on issues of domestic violence and economic security. Together, we are making a difference!

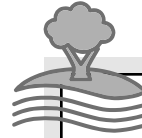
# Bulletin Board



## Don't forget your 2010-2011 Membership Dues.

Annual dues are \$35.  
Or..for \$350 one time payment, you can become a Life Member.

Checks are payable to  
NCJW Portland Section  
P.O. BOX 69333  
Portland, OR 97239



## The Portland Section of NCJW Is going GREEN .... and we need your help!

Please send us your email addresses to: [office@ncjwportland.org](mailto:office@ncjwportland.org)

Also, while you are sending us your email address, please include the day and month of your birthday so we can celebrate with you! Thank you!



# Happy

# Chanukah !

## NW Portland Ministries Auction

Thank you to all of those who helped to support the NWPM annual auction. With the biggest attendance yet, NWPM reached its goal of close to \$40,000. The evening at the MAC was filled with a caring crowd who enjoyed great food, great music, great auction items and wonderful energy. Both dollars and awareness were raised to provide needed services to the underserved living in NW Portland .



Rose Rustin



Caryn May and Carol Chestler



Rose Rustin, Alice Meyer and Caryn May



Rosemarie Rosenfeld

Pictured here are Portland Section, NCJW members enjoying the NWPM Auction.

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# Tributes

## MINNIE F. EHRMAN FUND

*For Medical-Dental care*

**BIRTHDAYS:** Rita Philip, Dale Oller, MD, Jacqueline Barthold, Lynne Bartenstein, Carol Chestler, Gillian Casson, Frieda Tobin, Naomi Strauss, Eloise Spiegel

**SPECIAL RECUPERATION** to Shirley Rackner from Eve and Alan Rosenfeld

## JEAN RUSTIN FUND

*For Children and Youth*

**BIRTHDAYS:** Caryn May, Renee Holzman, Sandra Shapiro

**HAPPY BIRTHDAY TO:** Carol and Sy Chestler from Rosemarie Rosenfeld, Rachella and Jake Kryszek, Herb and Jeanne Newmark

## DOROTHY ASHER MEMORIAL FUND

*For Senior Cultural Programs*

**HAPPY BIRTHDAY TO:** Carol and Sy Chestler from Gary and Sylvia Pearlman, Rachella and Jake Kryszek, Barbara and Barry Caplan

## FOOD BOX PROGRAM

**HAPPY BIRTHDAY TO:** Carol and Sy Chestler from Elaine and Sandy Weinstein, Rose Rustin

**RECOVERY TO:** Shirley Rackner and Louise Marsh from Nikki Director

**IN MEMORY OF:** Dan Kirk from Elaine and Sandy Weinstein

## GENERAL FUND

**BIRTHDAYS:** Edythe Steinbock, Alice Meyer, Jean Pierce

**HAPPY BIRTHDAY TO:** Carol and Sy Chestler from Carolyn and Gary Weinstein, Rachella and Jake Kryszek, Eve and Alan Rosenfeld

**IN HONOR OF:** Dina Linn's 95th birthday from Bill Stack and Becky Shoemaker



### Condolences

*To the family of Life Member  
Fay Menashe*

Your gift to one of our special Tribute Funds ensures the continuation of Portland Section's vital programs. Please mail your contribution to:

NCJW, Portland Section  
P.O. Box 69333  
Portland, OR 97239

**(\$18.00 minimum, please)**

Here is my contribution for the:

- ◇ Dorothy Asher Memorial Fund
- ◇ Minnie F. Ehrman Fund
- ◇ Jean Rustin Fund
- ◇ Marion Quint Rose Fund

**For:**

◇ Birthday: Name \_\_\_\_\_  
Address \_\_\_\_\_

◇ In Memory of: \_\_\_\_\_  
Address \_\_\_\_\_

◇ General Contribution

◇ Other \_\_\_\_\_

### Donor's Information

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

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Portland, Oregon Section  
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Portland, Oregon 97239**

**Non-Profit Org.  
U.S. Postage  
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**CHANGE SERVICE  
REQUESTED**

**TEAM LEADERS  
Louise Marsh, Wendy Gutmann,  
and Nikki Director**

**CABINET  
Carol Chestler  
Nikki Director  
Wendy Gutmann  
Meryl Haber  
Friderike Heuer  
Susan Korey  
Louise Marsh  
Caryn May  
Jeanne Newmark  
Shirley Rackner  
Suzan Wapnick**

**NCJW SECTION OFFICE  
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**BULLETIN EDITOR  
Dodie Harrison**

**NCJW**

National Council of Jewish Women



## Calendar

**DECEMBER, 2010**

- 2 CHANUKAH**
- 6 NCJW Plaque Dedication,  
MJCC 1—3 pm**
- 15 Board Cabinet meeting 7—9 pm**

**JANUARY, 2011**

- 29 Havdalah at The Rose  
Schnitzer Manor 6:30 pm**



### MISSION STATEMENT

The National Council of Jewish Women is a grassroots organization of volunteers and advocates who turn progressive ideals into action. Inspired by Jewish values, NCJW strives for social justice by improving the quality of life for women, children, and families and by safeguarding individual rights and freedoms."

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